

# Sonnen- und Mondzeiten für Oktober 2026

☉ = Neumond    ☾ = Erstes Viertel    ● = Vollmond    ☾ = Letztes Viertel    Mitteleuropäische Sommerzeit (MESZ), 51° nördlicher Breite und 9° östlicher Länge (Kassel)  
Die Daten entstammen der DJZ-Revierwelt. Mondkalender auch online unter [www.djz.de/mondkalender](http://www.djz.de/mondkalender)

|   | Datum  | Sonnen-<br>aufgang | Sonnen-<br>untergang | Mond-<br>aufgang | Mond-<br>untergang | 18:00 | 19:00 | 20:00 | 21:00 | 22:00 | 23:00 | 00:00 | 01:00 | 02:00 | 03:00 | 04:00 | 05:00 | 06:00 | 07:00 |
|---|--------|--------------------|----------------------|------------------|--------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|   | 01.10. | Do                 | 07:24                | 19:02            | 20:55              | 13:52 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 02.10. | Fr                 | 07:26                | 19:00            | 21:55              | 15:03 |       |       |       |       |       |       |       |       |       |       |       |       |       |
| ☾ | 03.10. | Sa                 | 07:27                | 18:58            | 23:11              | 15:55 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 04.10. | So                 | 07:29                | 18:55            | --                 | 16:32 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 05.10. | Mo                 | 07:31                | 18:53            | 00:36              | 16:58 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 06.10. | Di                 | 07:32                | 18:51            | 02:03              | 17:17 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 07.10. | Mi                 | 07:34                | 18:49            | 03:28              | 17:32 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 08.10. | Do                 | 07:36                | 18:47            | 04:49              | 17:46 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 09.10. | Fr                 | 07:37                | 18:44            | 06:09              | 17:58 |       |       |       |       |       |       |       |       |       |       |       |       |       |
| ☉ | 10.10. | Sa                 | 07:39                | 18:42            | 07:27              | 18:12 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 11.10. | So                 | 07:41                | 18:40            | 08:45              | 18:26 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 12.10. | Mo                 | 07:42                | 18:38            | 10:02              | 18:45 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 13.10. | Di                 | 07:44                | 18:36            | 11:18              | 19:08 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 14.10. | Mi                 | 07:46                | 18:34            | 12:30              | 19:40 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 15.10. | Do                 | 07:47                | 18:32            | 13:34              | 20:21 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 16.10. | Fr                 | 07:49                | 18:30            | 14:27              | 21:15 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 17.10. | Sa                 | 07:51                | 18:27            | 15:07              | 22:19 |       |       |       |       |       |       |       |       |       |       |       |       |       |
| ☾ | 18.10. | So                 | 07:52                | 18:25            | 15:37              | 23:30 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 19.10. | Mo                 | 07:54                | 18:23            | 15:59              | --    |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 20.10. | Di                 | 07:56                | 18:21            | 16:16              | 00:43 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 21.10. | Mi                 | 07:57                | 18:19            | 16:31              | 01:58 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 22.10. | Do                 | 07:59                | 18:17            | 16:43              | 03:13 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 23.10. | Fr                 | 08:01                | 18:15            | 16:56              | 04:29 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 24.10. | Sa                 | 08:02                | 18:13            | 17:09              | 05:47 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 25.10. | So                 | 07:04                | 17:11            | 16:24              | 06:09 |       |       |       |       |       |       |       |       |       |       |       |       |       |
| ● | 26.10. | Mo                 | 07:06                | 17:10            | 16:44              | 07:36 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 27.10. | Di                 | 07:08                | 17:08            | 17:11              | 09:06 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 28.10. | Mi                 | 07:09                | 17:06            | 17:50              | 10:34 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 29.10. | Do                 | 07:11                | 17:04            | 18:46              | 11:52 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 30.10. | Fr                 | 07:13                | 17:02            | 19:59              | 12:52 |       |       |       |       |       |       |       |       |       |       |       |       |       |
|   | 31.10. | Sa                 | 07:14                | 17:00            | 21:24              | 13:34 |       |       |       |       |       |       |       |       |       |       |       |       |       |

Sonnen- und Mondaufgang: Auf der Linie Insel Rügen, Dresden oder Passau etwa 15 Minuten früher, auf der Linie Duisburg, Köln, Saarbrücken, Freiburg zirka 11 Minuten später